

Dear Parents,

As the Summer term starts and families return to home learning, the following information may be useful in providing guidance on learning at home.

Guidance for learning at home

- Parents cannot be expected to replicate the full timetable of lessons and activities that children would be accessing if they were at school.
- Between 1 and 3 hours of learning each day is the recommended amount. This can include a combination of academic and creative tasks.
- Try and ensure that children are practising reading, writing and maths skills regularly – this can be through fun games and activities as well as more formal learning tasks.
- Mental health and wellbeing is the most important thing to focus on while learning at home.
- It is important to stay active during this time – PE with Joe Wicks is a great way to start the day.
- Create a structure or timetable for each day so that children know what is happening and what to expect.
- Limiting the amount of screen time children have is also important.
- This is a great opportunity to learn new skills, including life skills – get the children involved in tasks around the house.
- Be guided by the children – learning and activities can be led by their interests which can result in greater engagement.

The following links provide useful information:

Department for Education

<https://www.gov.uk/guidance/help-primary-school-children-continue-their-education-during-coronavirus-covid-19>

BBC News

<https://www.bbc.co.uk/news/education-52314856>

National Education Union

<https://coronavirusandschools.org.uk/learning-outside-school/>

As a school, we will continue to post ideas on the school website and Twitter account. These ideas will be appropriate for a range of ages rather than year group specific tasks so that you can do them together as a family.

If you have any queries, please email school at the following address: admin@beechhyde.herts.sch.uk

Stay safe.