



P.E CURRICULUM OVERVIEW


Key Stage 1 – Subject Content Scheme of work – Complete PE	Year 1			Year 2		
	Games	Dance	Gym	Games	Dance	Gym
National Curriculum	Ball skills – Feet 1 Hand 1, Hand 2 Games for understanding Outside games Sports Day Net and court	Growing	Body parts Wide, Narrow and curled	Ball skills – Feet 1 Hand 1, Hand 2 Games for understanding Outside games Sports Day Net and court	Dance: Water Dance: Fire of London	Pathways
Be physically active Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities	✓	✓	✓	✓	✓	✓
Be physically active - Participate in team games, developing simple tactics for attacking and defending	✓			✓		
Perform dances using simple movement patterns		✓			✓	
Embed values such as fairness and respect - Beech Hyde Curriculum: Competitive physical activities	✓			✓		
Embed values such as fairness and respect - Beech Hyde Curriculum: Co-operative physical activities	✓	✓	✓	✓	✓	✓



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Key Stage 2 – Subject Content Scheme of work – Complete PE	Year 3			Year 4		
	Games	Dance	Gym	Games	Dance	Gym
National Curriculum	Invasion: football Invasion: netball Invasion: Tag rugby Invasion: hockey Rounders / cricket Athletics Tennis	Dance: Wild animals	Symmetry	Invasion: football Invasion: netball Invasion: Tag rugby Invasion: hockey / lacrosse Rounders / cricket Athletics Tennis	Dance: Dragons, Space	Bridges
Be physically active - Use running, jumping, throwing and catching in isolation and in combination	✓		✓	✓		✓
Embed values such as fairness and respect - Play competitive games , modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending	✓			✓		

Physically confident Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]	✓	✓	✓	✓	✓	✓
Perform dances using a range of movement patterns		✓			✓	
Be physically active -Take part in outdoor and adventurous activity challenges both individually and within a team	✓			✓		
Compare their performances with previous ones and demonstrate improvement to achieve their personal best.		✓	✓		✓	✓
Swimming swim competently, confidently and proficiently over a distance of at least 25 metres – Year 3	✓	✓	✓			
Swimming Use a range of strokes effectively (for example front crawl, backstroke, breaststroke)	✓	✓	✓			
Swimming Perform safe self-rescue in different water-based situations	✓	✓	✓			

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Key Stage 2 – Subject Content Scheme of work – Complete PE	Year 5			Year 6		
	Games	Dance	Gym	Games	Dance	Gym
National Curriculum	Invasion: football Invasion: netball Invasion: Tag rugby Invasion: hockey / lacrosse Rounders / cricket Athletics Tennis	Dance: Theseus and the Minotaur Dance: The Highwayman	Counter balance tension	Invasion: football Invasion: netball Invasion: Tag rugby Invasion: hockey / lacrosse Rounders / cricket Athletics Tennis	Dance: Hakka Dance: The Lion the Witch and the Wardrobe	Matching, mirroring
Be physically active - Use running, jumping, throwing and catching in isolation and in combination	✓		✓	✓		✓
Embed values such as fairness and respect - Play competitive games , modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending	✓			✓		
Physically confident - Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]	✓	✓	✓	✓	✓	✓
Perform dances using a range of movement patterns		✓			✓	
Be physically active - Take part in outdoor and adventurous activity challenges both individually and within a team	✓			✓		
Compare their performances with previous ones and demonstrate improvement to achieve their personal best.		✓	✓		✓	✓



Curriculum Drivers

Subject: P.E.

Challenge	<p>Children are given opportunities to take part in extra-curricular activities and competitions to develop their skills and talents</p> <p>Staff development and CPD has been facilitated through a trained sports coach to ensure that staff have the skills to challenge all children in all sports and fitness activities</p> <p>Pupils are encouraged to develop an understanding of their own development and strive to achieve their personal best e.g. Daily Mile / 2 lap times</p> <p>Children are given opportunities to take on leadership roles e.g officiating roles in lesson, and training for sports ambassador roles and house captains for whole school</p> <p>Pupils are challenged to carefully think about their lifestyle choices and how exercise has a positive impact on their health and well-being</p>
Inclusion	<p>All pupils are included in PE lessons and fitness activities by adapting the tasks to meet their needs. STEP (Space, Task, Equipment, People)</p> <p>Pupils are encouraged to think about what they can do and what they can achieve instead of what they can't do Extra-curricular clubs and activities have been planned to meet the specific needs of those children with additional needs, behavioural difficulties or those who do not attend after school clubs</p> <p>Each pupil is carefully assessed in order to identify and set next steps. Children who are below age related, receive support to close the gaps in their PE lessons</p>
Positive Minds	<p>Resilient tortoise Beech Hyde promotes positive attitudes towards sport, health and fitness and the curriculum is designed to support whole person development and achievements</p> <p>Independent rhino Pupils are challenged to strive to improve their own personal best and are encouraged to be self-motivated and set high goals</p> <p>Risk-taking penguin Pupils have opportunities to try new sports and activities. The curriculum and extra-curricular activities give children the opportunities to push themselves to their limits and believe in themselves</p> <p>Reflective owl Children routinely take time to reflect on their performance and attitudes during physical activity to ensure that they identify the next steps for further development and can communicate their own specific next steps</p> <p>Team Bee Children demonstrate sportsmanship in both winning and losing Children work with each other to support, encourage and build confidence Children develop team work skills during team games</p> <p>Curious and creative chameleon Children are curious about learning new skills and techniques They contribute new ideas to develop games and physical activities Pupils to use their creativity to develop and improve dance compositions and gym sequences</p>