



Beech Hyde Primary School and Nursery

Nurseries Road, Wheathampstead, Herts, AL4 8TP
Tel: 01582 832661
Email: admin@beechhyde.herts.sch.uk
Headteacher: Ms K Thomas

Newsletter 20 – 1 March 2024

Next Week:

Tuesday 5th March	Y5/6 Football Tournament @ Woodend
Wednesday 6th March	Netball Match @ The Lea
Thursday 7th March	World Book Day (<i>details in email sent 14th Feb</i>)
	Dance Display @ Oaklands College
	14:50 Sharing Assembly

Key Dates / Reminders:

Last day of term	2pm Thursday 28th March
Easter Break	Fri 29th March - Fri 12th Apr
Start of Summer Term	Monday 15th April

Dear Parents / Carers,

It was lovely to see so many parents and families at morning sharing assembly this week as we welcomed Nursery to share with us. It is always such a joyous occasion. I love seeing the children's pride in their work and being able to congratulate them for all their successes. Thank you also for coming along to parent consultations this week. There have been some very useful conversations and we are always very grateful to be able to work with you to improve your children's school experience.

The theme of this week has definitely been GOLD! We are incredibly proud of both the Year 3 Speed Stacking Team and the Year 3 & 4 Rapid-Fire Cricket Team - they all worked very hard to prepare and showed true Beech Hyde spirit at the competitions. On Tuesday the girls speed stacking team came 4th out of 13 schools, and the boys came 1st. Special congratulations to Aaron in Year 3 for winning gold medals in his super fast 333 and 363 events.



Then on Wednesday the cricket team became district champions. Special thanks go to Mr Drake who is always very busy taking every opportunity to involve our children in as many different sporting events as possible. We are looking forward to both football and netball tournaments in the next two weeks and to participating in the Oaklands College dance festival. Go Beech Hyde!

Although this is a short half term we have plenty to pack in with World Book Day next week, Science Week, Comic Relief and Shakespeare Week before Easter.

Congratulations this week go to Allayah Harti for receiving the Davey Cup for Maths and to Aisling Moriarty for being awarded the English STAR award.

If you have any queries or concerns, please feel free to contact me at head@beechhyde.herts.sch.uk.

With best wishes
Karen Thomas
Headteacher

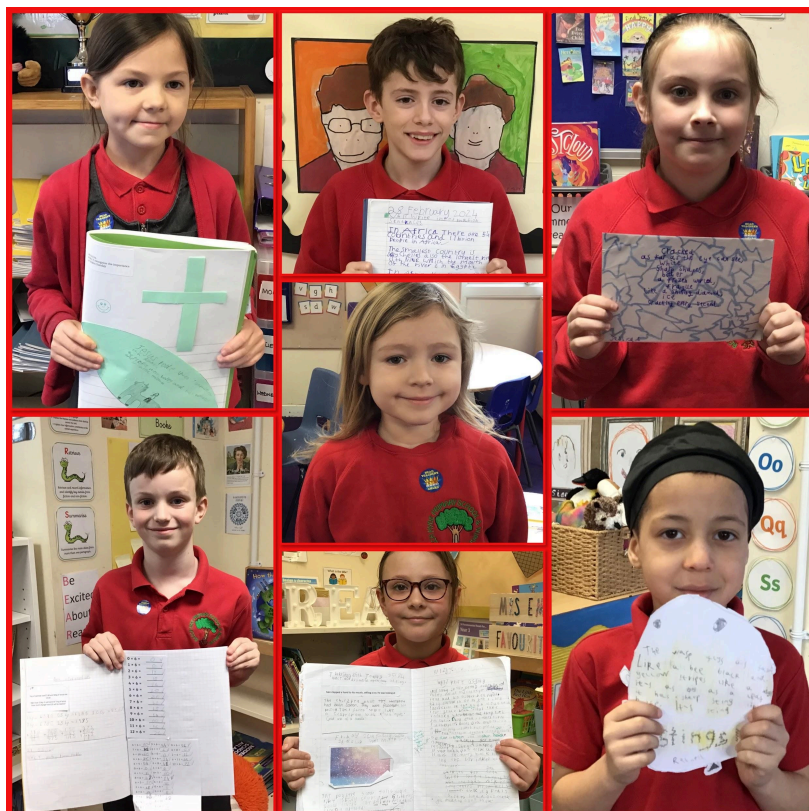
Attendance of the Week Rec/KS1 = Rec - 100%

Attendance of the Week KS2 = Year 5 - 98%



WORK OF THE WEEK

Alessia Jones
Evie Stratton
Ra'nell Pike-Chance
Luna Giddings
Melisa Today
James Kenton
Jessica Shaw & Ella Clarke
Jack Harris



SEND Parents Coffee Morning

Mrs Shore will be hosting her very helpful SEND Coffee Morning on Thursday 14th March, 9-10am.

A representative from the Hertfordshire charity, SPACE will be attending. They support families of children who are neurodivergent in Hertfordshire. More information can be found by clicking this link. [SPACE Hertfordshire](#)





HOLIDAY CLUB EASTER

2nd - 4th April 2024

OPEN TO ALL PRIMARY AGE CHILDREN

Full days
(8.30am - 5.30pm)

Wasps members - £30
Non members - £32

Half days
(8.30am - 12.30pm / 1.30pm - 5.30pm)

Wasps members - £18
Non members - £20

Book online - wasps.kidsclubhq.co.uk

Email - admin@wasps-asc.org

www.wasps-asc.org

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Nurseries Road, Wheathampstead, Herts AL4 8TP



Within my Reach

An online programme for parents of neurodiverse children who are living together or apart

This programme is designed specifically for parents living together or apart, who are facing conflicts and struggling to find common ground in raising their neurodiverse child. This is a valuable opportunity to enhance relationships, strengthen parenting skills and create a more harmonious home environment.

Who should attend?

- Parents who are experiencing conflicts and challenges due to the neurodiversity of their child
- Parents who want to improve communication and build stronger partnership in parenting and co-parenting their neurodiverse child.
- Parents seeking guidance, support, and practical strategies to navigate the unique challenges of raising a neurodiverse child.



These 2 courses will be delivered by MS Teams, over 8 sessions, on the following dates/times:

- Tuesdays & Thursdays from 27th February to 21 March 2024, 7.00pm to 9.00pm
- Wednesdays & Saturdays from 28th February to 23 March 2024, (Wednesday 7.00pm to 9.00pm & Saturday 10am -12pm)

For more information or to make a referral, scan the QR code, email services@familylives.org.uk or call 0204 522 8700 or 0204 522 8699



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Parent & Carer Support TALKING ASD & ADHD Workshops Spring Term 2024



Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

Eventbrite Page

ANXIETY and STRESS



- The difference between stress and anxiety.
- Understanding anxiety related conditions amongst young people with ASD and/or ADHD.
- How to spot the non-verbal signs of stress.
- Common triggers amongst neurodiverse children.
- What an anxious child needs to feel safe and how to provide this.
- Strategies to engage an anxious or stressed child.
- The early signs of mental health problems.

Tuesday 12th March 9.30-11.15am

Workshop SL641 Pre-book via Eventbrite:
<https://www.eventbrite.co.uk/talking-asd-adhd-stress-anxiety-641-for-parents-carers-in-herts-registration-534845624737>

Wednesday 6th March 7.30-9.15pm

Workshop SL640 Pre-book via Eventbrite:
<https://www.eventbrite.co.uk/talking-asd-adhd-anxiety-stress-640-for-parents-carers-in-herts-registration-534845624737>

RESPONDING to ANGER



- The difference between healthy & unhealthy anger.
- The pattern that anger takes and how to spot the non-verbal signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Monday 4th March 9.30-11.15am

Workshop SL639 Pre-book via Eventbrite:
<https://www.eventbrite.co.uk/talking-asd-adhd-responding-to-anger-639-for-parents-carers-in-herts-registration-529024644627>

Wednesday 13th March 7.30-9.15pm

Workshop SL642 Pre-book via Eventbrite:
<https://www.eventbrite.co.uk/talking-asd-adhd-responding-to-anger-642-for-parents-carers-in-herts-registration-534845624737>

SCHOOL AVOIDANCE



- What is Emotionally Based School Avoidance and is this what your child is experiencing?
- Common causes and triggers of school avoidance.
- How EBSA is affecting you and your family.
- Practical steps you can take to support your child.
- How to work with your school in your child's best interests.

Tuesday 26th March 9.30-11.15am

Workshop SL644 Pre-book via Eventbrite:
<https://www.eventbrite.co.uk/talking-asd-adhd-school-avoidance-644-for-parents-carers-in-herts-registration-534845624737>

Follow on:



Contact via:

info@supportinglinks.co.uk
www.supportinglinks.co.uk

COPING with CHANGE



- How children feel and behave when experiencing change or transition.
- Preparing children for changes such as starting a new school.
- Supporting children during and after change, helping them to manage their emotions using effective stress reducing strategies.
- How children learn from new experiences and what to expect.

Monday 18th March 9.30-11.15am

Workshop SL643 Pre-book via Eventbrite:
<https://www.eventbrite.co.uk/talking-asd-adhd-coping-with-change-643-for-parents-carers-in-herts-registration-534845624737>

Funded by Hertfordshire County Council's Targeted Parenting Fund



Get the right help at the right time



early help, brighter futures

Need advice and support for your family?

- Relationship support
- Parenting Advice & Courses
- Emotional & Mental Health
- Staying healthy
- School attendance/anxiety
- Money advice
- Services for Young People
- SEND Local Offer
- Search local services
- and much more



Visit Hertfordshire's Families First website:-
www.hertfordshire.gov.uk/familiesfirst